



## **GROUP EXERCISE CLASS PARTICIPANT FORM**

Name: \_\_\_\_\_ Birth date: \_\_\_\_/\_\_\_\_/\_\_\_\_ M \_\_\_\_ F \_\_\_\_

Address: \_\_\_\_\_ Village/State: \_\_\_\_\_ Zip: \_\_\_\_\_

Phone: \_\_\_\_\_ Email (for updates): \_\_\_\_\_

Medical Restrictions/Concerns: \_\_\_\_\_

Emergency Contact Person: \_\_\_\_\_ Emergency Phone: \_\_\_\_\_

Classes you would like to see us offer here: \_\_\_\_\_

### Waiver and Release of Liability

Chautauqua Health & Fitness and Chautauqua Institution urges all members and patrons to obtain a physical examination from a doctor before using any exercise equipment and apparatus designed for exercising shall be at the member or patron's sole risk. The member or patron understands that the agreement to use, or participate in a selection of exercise programs, methods and types of equipment shall be member or patron's entire responsibility, and the member or patron assumes all of the dangers in using the equipment. The undersigned waives all claims against Chautauqua Institution arising from the use of the equipment or the pool, whether caused by negligence or otherwise, and whether for bodily injury or property damage, and the Chautauqua Institution shall not be liable to member or patron for any claims, demands, injuries, damages, or actions arising due to injury to member or patron or their property arising out of or in connection with the use by member or patron of the services, facilities and premises of Chautauqua Health & Fitness. The member or patron hereby holds the Chautauqua Institution, officers and employees harmless from all claims which may be brought against them by member or patron or on member or patron's behalf for any such injuries or claims.

Member/Patron Signature: \_\_\_\_\_ Date: \_\_\_\_/\_\_\_\_/\_\_\_\_

Member/Patron Printed Name: \_\_\_\_\_ Phone #: \_\_\_\_\_

Staff Signature: \_\_\_\_\_ Date: \_\_\_\_/\_\_\_\_/\_\_\_\_

### GENERAL GROUP EXERCISE CLASS INFORMATION:

- All group class participants must fill out this form once a year.
- Register & pay for class(es) at the fitness center desk or by calling (716) 357-6430.
- Please check-in at the fitness center desk before each class session.
- There is a fee to use facility equipment or the pool before or after group classes.
- Each class will run the first day. If we do not get the minimum required pre-registrants to purchase the full package by the end of the first day of the class, that class will be discontinued.